

April 1, 2011
One Service
10 AM
Chancel Choir
Cantata

# Daylight Savings Time

Spring Chead Spring Chead Sunday March 11 ~ 2:00 a.m. Remember to set your clocks ahead one hour before you go to bed on Saturday night!



Circle One: In Honor of In Memory of

From

Each lily is \$ 15. Must receive orders by March 21, 2012.

# See you this Easter – GOD

## Holy Week Services

Maundy Thursday, April 5 5:00 p.m. Chicken Dinner 7:00 p.m. Music & Witness by Wes Hird & Vicki Nielsen Good Friday, April 6 5:00 p.m. Taco Bar 7:00 p.m. Music & Witness by Randy Shackleton, Aaron & Dani. Sunday, April 8 ~ 6:30 a.m. Sonrise Service at the ERC Building of Yanney Park with breakfast.

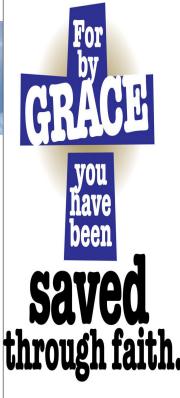


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#### Receive your newsletter in **COLOR** via email!

Send your email address to faithumc@kdsi.net.



EPHESIANS 2:8, NRSV



Dear Friends at Faith United Methodist Church,

The beautiful prayer blanket arrived and I am overwhelmed at your sharing of the love gift. It is so beautiful-plus cuddly and warm. Knowing that others are praying for us is so appreciated. It certainly helped during days that were hard and gave comfort to our hearts. Your church has a wonderful ministry in caring for others. With a heart full of thankfulness to you, Lois Leach (Betty Hagan's sister) Pleasant words are a honey comb, sweet to the soul and healing to the bones. ~ Proverbs 16:24



We wish to thank all the members of Faith Church for the love and care they extended the Holoubeck family during Archie Sr.'s illness and passing. The service, lunch and family dinner was so uplifting. This is a very special church with members who go the extra mile. Thank You ~ Archie Jr. & Dear Faith UMC, Thank you for hosting our Brunch Fundraiser and supplying food to make it a success. Thank you for your continuing support of United Campus Ministry. We had a wonderful time being part of both worship services, praising God together and enjoying fellowship with everyone! What a great day! United Campus Ministry

Thank you for supporting us! Your partnership means a great deal to us and the kids we serve. Thanks! Marcia Campbell & The Global Orphan Project



Nurse's Notes

# The Peanut

By Denise Hole RN

My son is allergic to nuts: pecans, almonds, walnuts, hazelnuts, etc. But it confuses people who know about his nut allergy when they see him eating a peanut butter cookie. I can understand this confusion, but you see, those 'tree nuts' that he's allergic to, grow on the limbs of trees, and the peanut, well, it's really not a nut at all, but a legume that grows under the ground. The start out as flowers on the lower part of oval and leaved plants. After the flowers are pollinated, they become heavy enough to bend to the earth, and a pod develops under the soil. It's more closely related to beans and peas, but of the legumes it's nutritional and culinary values are more like those of tree nuts.

Those peanuts are packed not only with protein that rivals tofu and beef, but they are healthy in other ways as well. The American Heart Association lists them as one of the 'better fats', as they contain mono-saturated fat, which helps lower 'bad cholesterol'. The Peanut Institute says that one ounce of raw peanuts contain 2.4 g of dietary fiber (lowers risk of heart disease and diabetes, as well as increases colon health), 2.4 mg of Vitamin E (anti-oxidant and protects nerve function), 68 mcg of Folic Acid (birth defect prevention, protects against cervical cancer and heart disease), 3.26 mg of Niacin (increases 'good' cholesterol as well as keeps nervous system, digestive system, skin, hair and eyes healthy), 48 mg of Magnesium (works with calcium to protect bones and teeth as well as reduces risk of heart disease).

As with all good things, moderation is the key. While peanuts are jam packed with nutrition and vitamins, serving sizes should be monitored as any fat, has 9 calories per gram and they can add up fast.

One wonderful aspect of peanuts are their shelf life. Unlike beef or chicken or fresh fish, peanuts keep well on a shelf, and as peanut butter, it's appealing to the taste palate of most American children

So while you're stocking up on your nuts this week, consider increasing the nutritional options for those less fortunate in your community. Grab an extra jar of peanut butter, or two and donate them to your local food bank or religious group that distributes food.

This month try a new legume, or try peanuts in a new way (sprinkle on a salad, add to stir fried veggies, eat them instead of popcorn at the movies). You'll be healthier for it.

Calories (noun) : Tiny creatures that live in your closet and sew your clothes a little nit tighter every night.

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ALL middle and high school students are welcome! We have spent the past two months discovering what it means to be "Weird: Because Normal Isn't Working" as outlined by Craig Groeschel on an individual level. We will move on now, in correlation to Lent with the honor of preparing Faith's annual Easter Son-Rise Service. Each week will include dinner at 6:30pm, games, service preparation, and worship ending by 8:30pm!

> March 7, 14, & 28 (NO U.M.Y.F. on March 21 due to K.P.S. Spring Break)

### 2011–2012 Confirmation Class

DULE

February marked the beginning of our Confirmation class on Monday evenings. With Kerri Miller and Cassy Heuertz by their sides, the 8<sup>th</sup> graders are diving deep on their Christian journey as a Methodist. The three themes of focus are 'know your story', 'confirm your faith', and 'live your commitment', as set out in the United Methodist endorsed "Credo" curriculum. During the month of March, our participants will begin preparations to attend the NE UMC All-Conference Middle School Retreat to be held April 13 – 15 at Camp Comeca!

#### Children & Youth Sunday School

All Sunday School classes will be studying age-appropriate curriculum of Adam Hamilton's "24 Hours: That Changed the World". Kiddos can join us in celebrating Palm Sunday, the sorrow of Good Friday, the joy of Jesus' Resurrection, and a few adventures in between. Meanwhile, the youth will jump into sessions deeply rooted in details surrounding the Last Supper, Jesus' betraval and arrest, the trial, his suffering and death, and the glory of the empty tomb. Also during the season of Lent, all classes will be preparing a choir selection "Riding on the Road to Jerusalem" for Palm Sunday Service. Along with that, a limited amount of Easter Son-Rise Service preparations will be made during class as well. Opportunities abound for our children and youth - JOIN US!

## Mark the Calendar

Three exciting opportunities during the season of Lent and celebration of Easter are among the children and youth programs this year! *Watch for more details as the times draw near.* 

#### April 1 – Palm Sunday, 10am service

Procession of the Palms: All elementary students are welcome to join us in this memorable event!

*Children/Youth Choir:* Join us as we share "Riding on the Road to Jerusalem" in correlation with the adult-choir Cantata!

#### April 8 – Easter Son-Rise Service

This annual service held at Yanney Park will be completely prepared and led by any child and youth committed to the preparation in U.M.Y.F. and Sunday School during the season of Lent.

#### Safe Sanctuaries Training

Mike Evans from First UMC joined us mid-January and provided Safe Sanctuaries Training for eight individuals, bringing our total to eleven. This was a great first-step in assuring that our church is making efforts to stay up-to-date with this NE UMC Conference mandatory training. Volunteers and sponsors of our children and youth programs that were unable to attend will be notified of the next opportunity to complete this. Thank you all for your efforts in ensuring that Faith is offering a safe place for spiritual growth!





As you have probably noticed three new doors have been installed in the church - one on the northwest corner and two on the south side of the church. These new doors have changed the temperature of the stairways immensely so hopefully will help save on our heating and cooling bills.

vations

Our next fundraiser is the Home, Lawn and Garden Show which will be held March 24 and 25th this year. We are grateful to KGFW for asking us to do this concession stand again at the Fairgrounds. The poster in the overflow room shows the items needed for the chili and baked potatoes we will be serving that day. We will also need homemade pies. If you would like to donate items for the show, please sign up on the poster. Last year our profit from the Home, Lawn and Garden Show was \$1,653.18. Hopefully, if we have good weather (no blizzards that weekend) we can do as well or better than 2011. Thanks for your help in advance. Below is the list of item needed.

Tomato Juice: 6 Cans Kidney Beans: 2 Gallons Hamburger: 18 Pounds Bacon bits: 1 Lg Pkg Coke: 1—24 Pkg Sour Cream: 3—24 oz Tomatoes: 3 Gallons Chili Beans: 4 Gallons Hot Dogs: 150 Butter: 2 Pounds Diet Coke: 2—24 Pkg Catsup: 1—24 oz.

Rotel Tomatoes: 5 Cans Salsa: 1 Gallon Hot Dog Buns: 150 Bottled Water: 3– 24 Pkg Sprite: 2–24 Pkg Homemade Pies

Money for baked potatoes from Cash-Wa



Recently Trustees asked how much money had been raised by Renovations over the years, as well as the total expenditures. I have looked back and obtained the following totals, starting with the first Renovations checkbook. (The Renovations checkbook was not started until <u>after</u> the re-carpeting and pew refinishing in the sanctuary.)

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<u>Year</u>	Fundraisers Total	Expenditures Total
2002	\$ 6299.20	\$ 3075.00
2003	\$ 5549.29	\$ 2935.71
2004	\$ 5659.04	\$ 4777.36
2005	\$ 5032.27	\$ 1876.96
2006	\$ 9579.70	\$ 308.70
2007	\$ 6704.73	\$ 3735.30
2008	\$ 7648.95	\$ 23,380.29
2009	\$ 8369.34	\$ 6410.17
2010	\$ 6122.25	\$ 8450.64
2011	<u>\$ 6239.79</u>	<u>\$ 5651.10</u>
Grand Total	\$ 67,204.56	\$ 60,601.13

# "Fínals Care Packages"

Do you have a child that attends college, that has ties to Faith UMC? Kim Graham is in charge of mailing/delivering "Finals Care Packages" to them at the end of April. Please contact Kim Graham with their name and address. Text/Call Kim @ 308-627-7457 or email her at kimgraham@frontiernet.net



# BOB APPRECIATION DAY!

## Sunday, March 11, 2012

Pot Luck Dinner at noon! Yum!! Wear your "grubbies" to church & bring your tools and cleaning supplies! We're going to share fellowship

and do some deep cleaning & mending! We'll have all levels of "jobs" including "Supervisors"! :0) So please come to enjoy the fun, no matter what! Check your E-Mail soon for more details (and share with those who don't have E-Mail). It will be a <u>Surprisingly</u> Fun Day! --The Trustees Committee

## Donations Needed For "Finals Care Packages"

We would appreciate your donations of cash and small snack items for the college kids "Finals Care Package" that will be sent/delivered to college kids with Faith UMC ties. There will be a basket for donations and also note cards available for you to send a general note to the kids from Faith, or you can write your own general notes to the college students and return those to the basket marked College Finals Care Packages.

 \*\*We have a very nice response from the students who received them last year.
 Contact Kim Graham or Dayla Rhodus with questions.

Maundy Thursday Supper

A little different this year! We will have a chicken breast meal (tickets will be on sale soon) with Maundy Thursday and Good Friday Special Guests!!! Mark this exciting time on your calendars, for some spiritual music & fellowship!!

Gateway District

Lay Speaking Blitz

March 23 & 24, 2012 Gibbon Faith UMC

Contact Kearney Faith UMC Office for registration forms.

If you have questions, contact Michelle Carlson, District Director of Lay Speaking Ministries at (308) 293-1899.

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#### **Summer Movie Volunteer**

Persons to set up the blow up screen and sound for outside movie nights this summer. You pick the nights and the movie too if you want. We will be purchasing an outside blow up screen for these movies if we get volunteers to commit to setting it up. After praying about this please contact Dayla if you can help with this project.

#### **Nursery Attendant**

With the increase in the number of small children in church, we are looking to fire a nursery worker for the 8:45 & 11:00 services. If you or someone you know are interested, please contact the church office. (This is a paid position)



## Want to learn better Communication skills to improve your marriage?

Attend a Marriage Encounter Weekend! **2012 weekend dates are:** April 27-29 at Camp Comeca near Cozad August 1719 at Camp Norwesca near Chadron September 21-23 in Lincoln For more information or to register, please contact Russell and Lanita Evans, russellevans@internet-usa.net or call 308-

520-1491. More information also available at <u>www.encounter.org</u>.

### Faith in Action

# New Church Directory!

Mark May 15-19 on your calendar for your church directory photo! \$10 discount for online registration

\$5 discount for donation of a canned food item (food will be split between Crossroads & Jubilee)

FREE 8x10 & Directory when picture is taken! More info to follow soon!





## Volunteers Needed!

Lead the Registration Team, Work the sign up tables on Sundays in March, April & May (computer skills needed) or Provide a laptop.

Contact Dayla @ 234-4225



Kearney Park & Recreation

# Slow-Pitch Softball COED Church Summer

#### League 2012

#### Let's form a team!

10 to 12 games will be played on Mondays (some Fridays) throughout the season beginning May 7 and ending in early August.
Registration deadline is Monday, April 2, 2012.
Teams are accepted on a first come first serve basis so join now!